



## Twelve Easy Things You Can Do As a Citizen

### Overall Strategies:

- Become an informed citizen.
- Insure that the earth can support life for future generations
- Create a society that provides rich, fulfilling lives for you and your children
- Encourage other people to join you

<b>Planet</b>	<b>People</b>
Get an energy audit. Reduce energy use; save \$	Have fun! Laugh a lot
Cut your driving by 25% (and save \$!) Combine auto trips.	Have a block party
Remove toxics from your household; use earth-friendly cleaners, etc.	Volunteer
Buy local products and produce; support local merchants and farm.	Give the gift of yourself for Christmas
Plant your own veggie garden; Plant flowers to beautify your area	Be a neighbor
Analyze your trash; reduce it by half (then recycle half of what's left).	Give blood
Reuse/repair. Buy used.	Slow down; encourage your neighbors to slow down also
Walk; ride bikes; use public transit. Encourage your city designers to design for people, not cars.	Give to the food bank
Insulate! Turn down your thermostat in the winter; turn it up in the summer.	Organize educational events; Teach friends and neighbors about sustainability
Sign up for renewable electricity; Use bio-fuel	Sing, dance, make music
Encourage companies to go sustainable; Buy from sustainable companies.	Learn about other cultures and faiths
Take the quiz: <a href="http://www.myfootprint.org">www.myfootprint.org</a>	Promote justice and peace

Some reading to begin: *Plan B 4.0* by Lester Brown of the World Watch Institute

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